



Welcome

Endicott College Dining Services is managed by Sodexo Dining Services with offices in the Callahan Student Center. We provide a variety of services to meet the needs of the College community. These include The Food Court, Joe's Café, Café a la Cart, The Lodge, and Campus Catering.

The managers of Dining Services are committed to exceeding your dining expectations with quality food and customer service. In addition to a wide variety of food served in congenial surroundings, we offer special Festive Meals and Pace Changers each month. Customer satisfaction is the goal of our staff.

Please read the information in this brochure carefully. This will help you maximize the value of our program and fully enjoy our services. If you have any questions, please stop by for a visit or call me at 978-232-2110.

Sincerely,

Paul J. Belski
General Manager, Dining Services

We Look Forward to Serving You!

The Meal Plan

The Food Court

Breakfast includes a choice of juices, fresh fruit, hot and cold cereal, a rotating selection of hot breakfast entrées, assorted toasts, bagels and fresh baked pastry items.

Lunch offers a variety of hot entrées, made-to-order grill selections, a soup bar, a NY style deli bar, a pizza/pasta bar, a garden fresh salad bar, fresh baked breads and great desserts.

Brunch on Saturday and Sunday features a variety of fresh breakfast and lunch entrées. The choice of beverages, breads, pastries, toasts, cereals, salads, specialty bars and desserts create a combination of two meals.

Dinner is a time to relax and reflect on the day. We offer a healthy choice of entrées, potatoes, rice, pasta and vegetables in addition to the food bars available at lunch.

The **Exhibition Station** located in The Food Court is open Monday through Friday offering made-to-order omelets for breakfast, daily specials, made-to-order wraps and entrées for lunch and dinner.

Unlimited Seconds: Although food may not be removed from The Food Court, we invite you to come back for seconds of your favorite items. That's right! All-you-care-to-eat in The Food Court!

Take 3 is available Monday through Friday offering continental breakfast from 8:00 am to 10:00 am and lunch from 11:45 am to 1:00 pm at Joe's Café. Perfect for a quick "To Go" meal. Your meal plan may be used for Take 3, in lieu of a Food Court breakfast or lunch.

The Healthy Express Lunch is available Monday through Friday at The Lodge from 12:00 pm to 1:00 pm offering a choice of salads, gardenburgers, vegetarian sandwiches and other healthy options. Your meal plan may be used for a Healthy Express Lunch, in lieu of a Food Court meal.

When considering the **Value of the Meal Plan**, remember hidden features such as our monthly Pace Changers and Festive Meals, which add tremendous value to each meal plan.

Your meal card is **required** to gain access to The Food Court, snack bars and your flex dollars account. Every time you use your card for flex dollars, your remaining balance will be displayed on the card reader located at the Cashier/Checker Station.

An Unbeatable Deal

College policy maintains that all resident students must participate in one of the meal plan options. Commuters may opt for any meal plan. Flex dollars carry over from the fall semester to the spring semester, but not from school year to school year. Below are the meal plan options for 2008-2009.

Premium Plan

\$3,880 per year

Any student may select this plan. The plan includes 200 meals, 10 guest meals, and 350 flex dollars per semester to be used in Joe's Café, The Lodge, and Café a la Cart. One hundred of the flex dollars may also be used at off-campus vendors per semester.

Standard Plan

\$3,450 per year

The Standard Plan is the minimum plan for all first year students. Any student may select this plan. The plan includes 165 meals, 10 guest meals, and 150 flex dollars per semester to be used in Joe's Café, The Lodge, and Café a la Cart. Fifty of the flex dollars may also be used at off-campus vendors per semester.

Partial Plan

\$2,840 per year

The Partial Plan is available to all but **first-year students**. The plan includes 110 meals, 10 guest meals, and 150 flex dollars per semester to be used in Joe's Café, The Lodge, and Café a la Cart. Fifty flex dollars may also be used at off-campus vendors per semester.

Minimum Plan

\$2,020 per year

Only students on full-semester internship OR living in Cliff House, Farm House, Ledge, Gloucester Hall, Manchester Hall, Rockport House, Tower, Williston, Hawthorne Hall (upper class students only), Kennedy, 28 Boyles Street, or Woodside may select this plan. The plan includes 65 meals, 10 guest meals, and 150 flex dollars per semester to be used in Joe's Café, The Lodge, and Café a la Cart. Fifty flex dollars may also be used at off-campus vendors per semester.

High Flex Plan

\$2,200 per year

Only students on full-semester internship may select this plan during their internship. The plan includes 40 meals, 10 guest meals, and 350 flex dollars per semester to be used in Joe's Café, The Lodge and Café a la Cart. One hundred flex dollars may also be used at off-campus vendors per semester.

What's New in Dining?

We are pleased to announce that your dining service options have expanded to some of your favorite off-campus restaurants. A portion of your flex dollars may now also be used at these locations:

Casa de Luca	Monet's Garden Arts Café
China Buffet	Organic Garden Cafe
City Side Diner	Papa Gino's
Domino's Pizza - Beverly	Pride's Deli
Downtown Giovanni's	Rantoul Pizza - Beverly
Goat Hill Grille	Restaurant
GoodFella's Cafe and Catering	Subway (Cabot Street)
Harry's Pizza	Super Sub
Kame Japanese	Tapas Corner
Little Italy (Cabot Street)	Tastebuds
Maria's Pizza	Theo's Pizza

*Check dining website for updates.

Meal plans may be increased to a higher plan at any point during the semester.

IDEAL DEAL

Dining Facilities

THE FOOD COURT

The Food Court, located in the Callahan Center, is a full service food court with multiple menu options serving breakfast, lunch and dinner. Each meal in The Food Court uses one meal from the Residents Board Plan. A la carte dining is not available at this location.

Hours of Operation

Monday - Friday	
Breakfast	7:15am - 9:15am
Continental Breakfast	9:15am - 11:45am
Lunch	11:45am - 1:30pm
Deli/Salads	1:30pm - 4:45pm
Monday - Thursday	
Dinner	4:45pm - 7:00pm
Weekends	
Continental Breakfast	10:30am - 11:00am
Brunch	11:00am - 12:30pm
Friday - Sunday	
Dinner	5:00pm - 6:15pm

JOE'S CAFÉ

Located in the lower level of the Callahan Center, Joe's Café features Freshens Smoothies, frozen treats, specialty sandwiches, espresso, cappuccino, coffee, and desserts. Joe's Café accepts flex dollars, Gull Card, or cash.

Hours of Operation

Take 3 Breakfast	
Monday - Friday	8:00am - 10:00am
Express Lunch	
Monday - Friday	11:45am - 1:00pm
Full Menu	
Sunday - Saturday	2:00pm - 9:00pm

CAFÉ A LA CART

Located in the Wax Academic Center, Café a la Cart serves a variety of grab-and-go sandwiches, salads, soup, muffins, bagels and coffee. Café a la Cart accepts flex dollars, Gull Card, or cash, but not the meal plan.

Hours of Operation

Monday - Thursday	7:00am - 4:00pm
Friday	7:00am - 3:00pm

THE LODGE

Located between the Post Center and Tower Hall, The Lodge features Pizza Hut Express plus a variety of late night favorites. The Lodge accepts flex dollars, Gull Card, or cash, but not the meal plan.

Hours of Operation

Monday - Wednesday	4:00pm - 1:00am
Thursday - Saturday	4:00pm - 2:00am
Sunday	1:00pm - 1:00am

Call the "Food" Line for a daily menu at ext. 3663 or visit our website, <http://dining.endicott.edu>, for our weekly menu.

Student Employment

Great On-campus Jobs! Endicott College Dining Services

- Competitive Wages
- Flexible Work Schedule
- Convenient to Residence Halls
- Practical Work Experience
- Tremendous Growth Potential

Catering and Special Events

In addition to providing a diverse student dining program, the Dining Services Staff also manages an impressive Catering Department. From our "Back to Basics" catering program to elaborate events, a full range of catering services is available to students, faculty, staff and campus organizations. Please call ext. 2110 to make arrangements.

Special Services

Endicott College Dining Service offers a variety of special services including birthday cakes.

Nutrition and Special Diets

We offer a wide variety of items that will accommodate most diets and tastes. However, when unique nutritional needs arise that require special attention, we strongly encourage you to speak to our Registered Dietician. You will find our dietician very helpful in suggesting menus that will meet your specific requirements.



Balance Mind Body Soul is a holistic or integrated approach to wellness and fitness that considers the whole person. Fitness and wellness are a balance of lifestyle choices and events--- *physical, mental and emotional*. It is not about fads or fad diets. It is about maintaining balance in one's life.

Each month Sodexo Campus Services features a new range of topics which are available on site and in more depth at www.balancemindbodysoul.com.

Endicott College

DINING SERVICES



2008-2009